

## **The Owl Post**

### Vernon's Weekly Newsletter

Friday, September 27, 2019







Upcoming Events and Important Dates

Wednesday, October 2: LGBTQ Families Meeting ~ 5:30-6:30 Rm 117

*Monday, October 7*: Fall SUN Classes Begin ~ 5:00-7:00pm World Day of Wearing Blue for Bullying Prevention Emergency Preparedness Presentation ~ 6:00-8:00 ~ MPR

Wednesday, October 9: PTA Meeting ~ 5:45-7:30pm

Thursday, October 10: RUN FOR THE OWLS!

Friday, October 11: Statewide Inservice Day - NO SCHOOL

Saturday, October 12: Garden Work Party – 9:00-12:00

## Run for the Owls – October 10<sup>th</sup>!

There are less than 2 weeks before the Run for the Owls. We hope everyone will participate by helping kids get pledges. Don't forget, you can sponsor your own kid! You can also gather pledges and run, too. If you need additional pledge forms, they are on the <u>PTA</u> website.

We need lots of volunteers before the race and on race day. Please click <u>here</u> to see the volunteer options.

This Tuesday evening is the first big task of writing all student names on their wristbands. Look at the Signup Genius for details of each task.

Race Day is Thursday, October 10.Here's the Race Schedule4th - 5<sup>th</sup>:9:00 - 9:45 $K - 1^{st}:$ 9:45 - 10:302nd -  $3^{rd}:$ 12:45 - 1:30

6th - 8<sup>th</sup>: 1:45 - 2:30

Go Vernon Running Owls!

The next meeting of **LGBTQ+ Families of Vernon** will be Wed., October 2 at 5:30pm in Room 117. There will be childcare and snacks.

# VERNON PROUD



#### Standing Up Against Hate, Racism And Discrimination.

Changing The Culture With Inclusion, Equality, Civility And Unity Becomes Our Destiny. STOMP Out Bullying<sup>™</sup> is the leading national nonprofit dedicated to changing the culture for all students. It works to reduce and prevent bullying, cyberbullying and other digital abuse, educates against homophobia, LGBTQ discrimination, racism and hatred, and deters violence in schools, online and in communities across the country. In this diverse world, STOMP Out Bullying promotes civility, inclusion, and equality. It teaches effective solutions on how to respond to all forms of bullying, as well as educating kids and teens in school and online. It provides help for those in need and at risk of suicide, and raises awareness through peer mentoring programs in schools, public service announcements by noted celebrities, and social media campaigns.

#### Save the Leap Date!

**Night Out for the Owls**, our Annual Spring Fundraising Dinner, will be held on **Saturday**, <u>February 29</u>, <u>2020</u>. *That's right. it's a leap day! Let's use the extra day to ensure our kids get a giant leap forward in their education*. This is Vernon's highest fundraising event and is critical to maintaining our current programs for music, arts and enrichment. **Night Out for Owls** is an inclusive, pay what you can, come as you are, and support in many ways event that brings our community together to enrich the experience of all Vernon children.

The evening consists of a happy hour, silent bid, games of chance, sign-up events, raffles, class art, dinner, live bidding and a special appeal. It's a wonderful night for the Vernon Community to come together to celebrate and support our amazing school.

**Volunteers are needed on the event team** - <u>Sign up here.</u> Whether you have 1 hour or 10 hours to give, we need your involvement for a variety of fun roles and tasks. It's an awesome way to make new friends and support our school. All skills and abilities are welcome. Check the PTA website for more information and stay tuned for tickets sales to go live in November.



Be Prepared

SMALL steps toward preparedness can have a BIG impact on *resiliency* and *recovery* after a disaster! Join Vernon parents to learn things you can do NOW to prepare your family for a disaster like a major earthquake.

# **Getting Ready to Rumble**

## A Mercy Corp presentation

Presented by Amy Gard, NET leader for Concordia Vernon and Woodlawn

## Monday, October 7th from 6:00-8:00 Vernon MPR

Dinner and Childcare provided Interpreter services available if needed.

Please RSVP here so we have enough Owl Sitters on hand. https://www.signupgenius.com/go/10C054FADA628A2FC1-mercy

Getting Ready to Rumble covers:

- What we can expect here in NE Portland when a Cascadia Subduction Zone earthquake hits.
- Actions we all can take to prepare our families.
- Why you and your neighbors may be first responders to help those in greatest need following a major disaster.

\*This is the first of multiple events that will support the Vernon community in being prepared for major disasters. Keep your eyes out for upcoming opportunities!

This event is sponsored by the Vernon PTA